



Strawberry protein nice cream

1 serving
10 minutes

Ingredients

20 grams Vanilla Protein Powder
200 grams Frozen Strawberries
30 milliliters Unsweetened Almond
Milk (or coconut, or regular milk)

Directions

1

Place all ingredients in a food processor or blender. Blend until a creamy consistency forms. Or use a hand blender, start slowly and add frozen fruit while blending. Enjoy it before it melts!